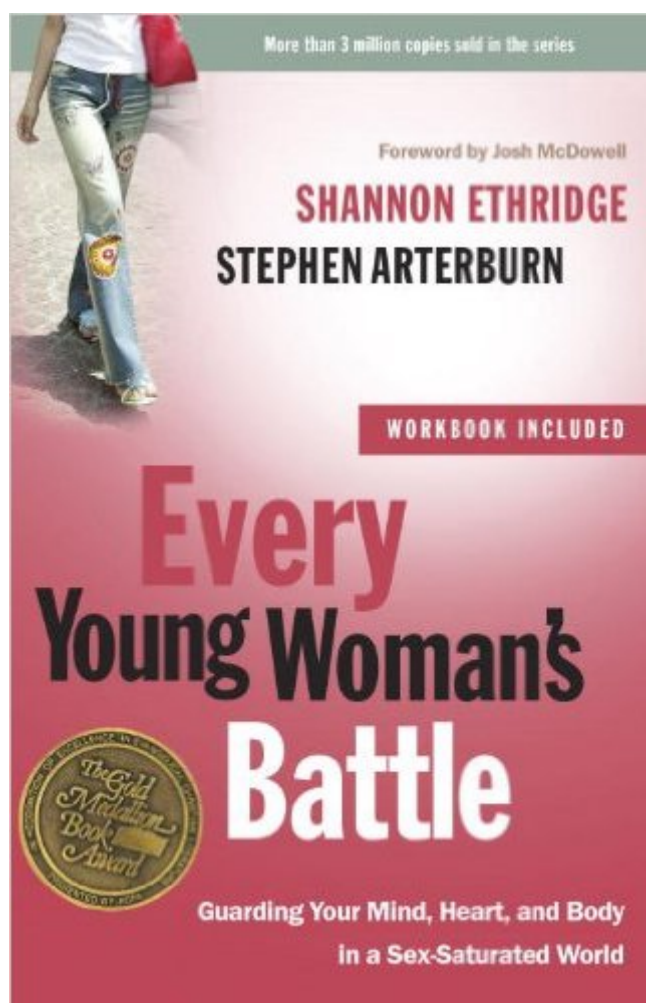


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# Every Young Woman's Battle: Guarding Your Mind, Heart, And Body In A Sex-Saturated World (The Every Man Series)



## Synopsis

Guys Aren't the Only Ones Fighting a Battle for Purity  
The world you live in promotes sex as the answer to just about everything. The pressure to go along with the crowd is greater than ever before, and it's easy to compromise in little ways that are a lot more harmful than they seem. You and your friends may become caught up in destructive relationships or sexual activities without even knowing how you got there. You just want to be normalâto fit in, to be liked, to look attractive to the opposite sex. But are you paying too high a price? This counterpart to the award-winning Every Young Man's Battle can help you:Â learn how the sexual battle begins in your heart and mindÂ understand your hunger for attention from guysÂ recognize and avoid the potential pitfalls awaiting young women on the journey toward adulthood and possibly marriageÂ find out how the media, novels, fashion, internet chat rooms, and body and beauty obsessions influence your sexual choicesâand what you can do about itÂ guard your mind, heart, and body against sexual and emotional compromiseÂ develop a deeper, more satisfying level of intimacy with God  
Whether you have so far protected yourself emotionally and sexually, feel that you've been robbed of your purity, or have given in to temptation in some way, this book can help you achieve or reclaim sexual integrity. It can also guide you through the temptations and pressures of young adulthood while demonstrating how you can live your life to the fullestâwithout regrets. Includes a comprehensive workbook for individual or group study.

## Book Information

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## Customer Reviews

I don't understand some of the reviews this book has received. I am now a college student, but I got this book in high school, and it finally answered many questions that other Christian books on the subject had been very fuzzy on, and restored my hope to live a life of sexual integrity. The book is heavily backed by scripture, further strengthening its message. Yes, this book is frank. However, it makes the point that ignorance makes one vulnerable. I can also almost guarantee that most young women today will not be shocked by the content. Even though I come from a small, conservative town, I heard about sex every day in high school, and don't think it's not talked about even in middle school. There's no escaping it in today's world, and it's better for young women to learn about it from this book, or others like it, and learning what God's word says on the subject, than hearing about sex in the locker room, and having their curiosity aroused without being told what is right and wrong according to God. Sex and related subjects are not talked about enough in the Christian community, and as a result, many young people are being led astray, simply because no one took the initiative to talk to them about sex. Just because you're too embarrassed to talk about sex doesn't mean everyone else is. Who would you rather your daughter hear about it from: you, either through conversation, this book, or both, or from someone at school? I want to restate that this book is a very powerful tool for godly young women, whether they've already become sexually active, or have only heard rumors of it. I plan on reading this book with my daughter in the future, with the hope of sparing her the pain I have suffered. I encourage parents and other concerned adults to read this book and share it with the young women in their lives. And if you are a young woman looking for answers, I encourage you to read this book. It may be the first step in the right direction. One other point I would like to address is that this book does not make sex out to be dirty in any way. It shows that sex is a wonderful thing when it is as God intended: between a husband and wife.

I am a teenage girl, and I purchased this book for myself because I am struggling with some sexual issues and I needed a little bit of guidance of how to live a more pure life in God's eyes. This book was a really great help to me. When I read it, I knew that I wasn't alone, and that it is possible to stop doing the thing that I was stuck in. Before I read this I thought that I was the only Christian who ever struggled with some of these sexual issues, and the book helped me to begin to accept myself because God accepts me even when I fall. This book was amazing because it redirected my attention to Jesus as the lover of my soul. This book covers issues such as self image, masturbation, modesty, media, sexual promiscuity, oral sex etc. It also talks about the mental, emotional and physical battle so that now I know how to redirect my thoughts and emotions before I let myself fall

into sexual sin. I was however disappointed that it doesn't cover a little more about pornography, because pornography is not just a guy thing! but some girls struggle with it as well. I think this book is amazing, as it certainly helped me, and I would recommend it to other teenage girls, especially those who are struggling.

I like this book very much. Although it was targeted to teenagers, I still picked up the book even if I am a decade older. The main selling point of this book is the author talked about sexuality to teens. Guide the girls through what to do when guys approached to them with sexual requests. Each chapter has a few case studies, and are detailed with bible verses to support. I usually can easily finish a book in one sitting, but this one I couldn't. After each chapter, I need to put down the book and think what I had done with my past. I finally understood my problem as my memory flashed back. This book made my day every time I read the new chapter. There was so much in the book you will need time to digest. I am single at the moment, and honestly I am desperate for love (marriage). I didn't simply find this book just talking about sexuality, but the way to see your life as a single as well. Great quotes and messages in the book. You will be a new woman after reading it. Recommended not only for teens, but singles.

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